MATARRAÑA – HOLISTIC MASSAGE

Relaxing foot-to-head massage that works on the main muscle chains to release tension, improve circulation and provide a deep sense of rest and well-being.

50 MINUTES ◆ 110€

OLIVOS – BACK & LEGS MASSAGE

Focused massage on areas that tend to hold the most tension and fatigue. Targeted work on the back, neck, shoulders and legs, tailored to each person's needs.

50 MINUTES ◆ 110€

PORTS DEL SILENCIO – INDIAN HEAD RITUAL

Inspired by traditional techniques of Indian massage.
Combines a back, shoulder, neck and scalp massage with work on the face and upper body.
A deeply relaxing ritual designed to release tension, calm the mind and leave you feeling serene.

50 MINUTES ◆ 120€

DULCE ESPERA – MASSAGE FOR PREGNANT WOMEN (FROM 16 WEEKS)

Special treatment adapted to the needs of women during pregnancy.
Gentle and relaxing back, neck and shoulder massage, performed in a comfortable and adapted position to relieve tension, reduce fatigue and promote well-being and calm.

50 MINUTES ◆ 120€

Appointment required